

## **The Wedge**

*(My wife's idea of the perfect salad, but as a blue cheese and mayonnaise hater, I prefer #2)*

1 head iceberg lettuce, washed and cut into quarters  
2 plum tomatoes, seeded and diced  
3 strips cooked bacon (turkey bacon is okay), crumbled  
8 oz. crumbled blue cheese, divided  
1/2 cup low-fat buttermilk  
1/2 cup mayonnaise  
2 Tbsp. Dijon mustard  
1 Tbsp. red wine vinegar  
1 tsp. minced garlic  
kosher salt and pepper to taste

Place one quarter of the lettuce on each of four plates. Sprinkle chopped tomatoes, crumbled bacon and half of the blue cheese evenly over the lettuce. In a blender or food processor, combine the remaining ingredients. Puree until smooth. Pour over salad or serve on the side.